
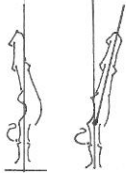
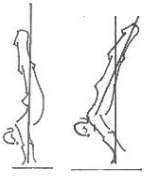
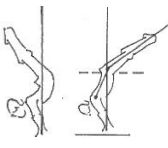
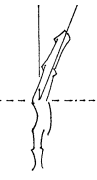
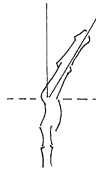
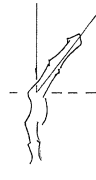
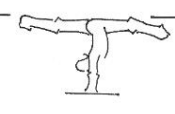
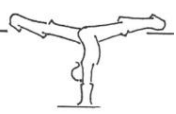
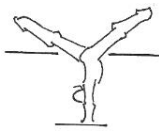
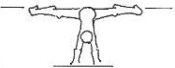
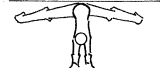

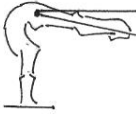
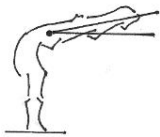


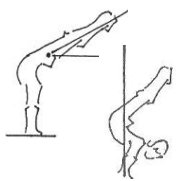
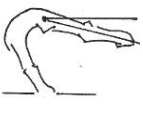
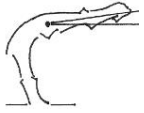


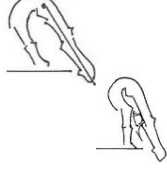
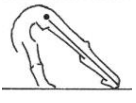
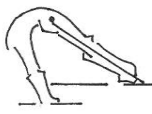

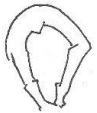




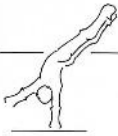



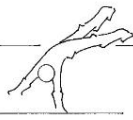

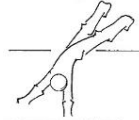



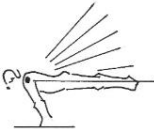

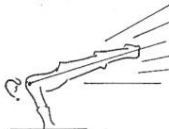
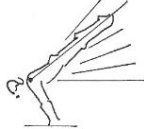
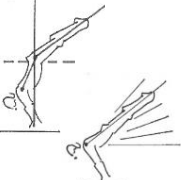
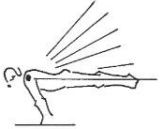
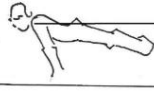
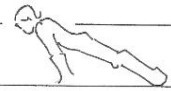
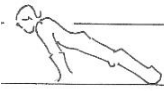
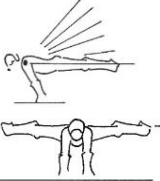

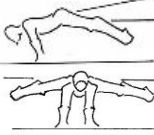


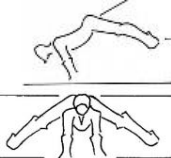




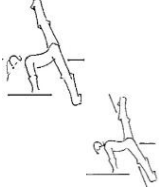





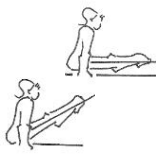




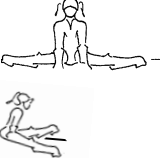








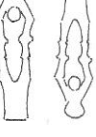

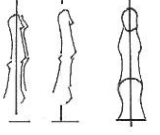
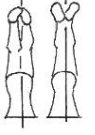
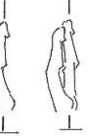





APPENDIX 3

GUIDELINES FOR EXECUTION JUDGING

		Mistakes Balance				DJ
Element	Ideal	0.1	0,2 - 0,3	0.5	No Difficulty	
1 Handstand						
						
						
						
2 Arch / Mexican						
						
						
						

		Mistakes Balance				DJ
Element	Ideal	0.1	0,2 - 0,3	0.5	No Difficulty	
3	Flag					
						
	Split Flag					
4	Planche					
						
		 	 		 	
						
			 	 		

		Mistakes Balance				DJ
Element	Ideal	0.1	0.2 - 0,3	0.5	No Difficulty	
5	Yogi / Disloc					
6	Crokodile					
	Pancake					
7	Wide arm handstand					
	Wide arm planche					
8	Back bend					
9	Bridge					
10	Table					

		Mistakes Balance				DJ
Element	Ideal	0.1	0.2 - 0.3	0.5	No Difficulty	
11	Straddle / Pike					
						
	High Pike Russian Lever					
12	Arms					
						
13	Feet/knees					
						
						

Mistakes Dynamic						
	Element	Ideal Position	0.1	0,2 - 0,3	0.5	1.0
1	Tuke					
2	Pike					
3	Straight					
4	Steps					
	Landing					